

# Children's Menu 2018



You may receive for MONDAYS:	You may receive for TUESDAYS:	You may receive for WEDNESDAYS:	You may receive for THURSDAYS:	You may receive for FRIDAYS:
<b>Weekly Breakfast Kit:</b>	<b>Low fat milk, hot &amp; cold cereals, yogurt and fruit.</b>			
<b>Snack:</b> Onion Barley Soup Potato Kale Soup Garbanzo Bean Barley Soup Lentil Veg Soup Fresh Fruit	<b>Snack:</b> Vegetable Chowder Black Eyed Pea Soup Tex Mex Minestrone Soup White Bean Kale Soup Cheese	<b>Snack:</b> Potato Leek Soup Vegetable Noodle Soup Curried Carrot Soup Mushroom Barley Soup Granola Bar	<b>Snack:</b> Green Pea Soup Mushroom Miso Soup Corn Chowder Summer Vegetable Minestrone Granola Bar	<b>Snack:</b> Black Bean Soup Spinach Lentil Soup Pasta White Bean Soup Split Pea Soup Fresh Fruit
<b>Dinner:</b> Salisbury Steak Mixed Vegetables Baked Yams  Glazed Beef Burger Wax Beans & Carrots Pasta  Lemongrass Tilapia Mixed Vegetables Red Potatoes with Roasted Onion  Baked Fishcake with Pasta Carrots & Beans	<b>Dinner:</b> Curry Chicken with Rice Carrots & Zucchini  Chicken Casserole Green Beans  Coconut Chicken Stew Broccoli & Cauliflower  Chicken Gumbo Mixed Vegetables	<b>Dinner:</b> Veggie Burger Mixed Vegetables Pasta  Coconut Braised Beef with Rice Cauliflower, Squash & Beans  Meatloaf with Gravy Pasta Squash & Zucchini  Pasta Bean Primavera	<b>Dinner:</b> Balsamic Glazed Chicken Green Peas & Roasted Peppers Cilantro Rice  Roasted Chicken Yellow & Wax Beans Fried Brown Rice  Caribbean Chicken French Beans, Peas & Green Beans Red Beans and Rice  Chunky Vegetable Chili French Beans & Peas	<b>Dinner:</b> Vegetable Orzo Casserole Pasta Snap Peas & Green Beans  Roasted Chicken Breast Rice, Carrots & Beans  Glazed Chicken Couscous & Carrots  Chicken with Mango Rice Green Peas & Red Peppers
<b>Dessert:</b> Chocolate Cake Chocolate Chip Oatmeal Cookie Fruit Cup Double Chocolate Oatmeal Cookie	<b>Dessert:</b> Applesauce Fruit Cup Oatmeal Raisin Cookie Oatmeal Cranberry Cookie	<b>Dessert:</b> Chocolate Chip Oatmeal Cookie Blueberry Chocolate Cake Carrot Cake Chocolate Chip Cake	<b>Dessert:</b> Seasonal Fruit	<b>Dessert:</b> Fruit Cup Lemon Coconut Cake

\* Menus are subject to change without prior notice. May contain soy, eggs, and wheat.