



foodforthought

THE NEWSLETTER OF GOD'S LOVE WE DELIVER | NUTRITION: OUR SIGNATURE DIFFERENCE | GODSLOVEWEDELIVER.ORG

A MESSAGE FROM Karen Pearl

As we begin 2014, we have so much to be grateful for at God's Love. Once again, we achieved a new milestone of service, cooking and delivering more than 1.2 million individually tailored meals to more than 5,000 clients. We completed our transition to a chilled/frozen model for our meals, giving our clients much greater freedom to decide what they want to eat and when they want to eat it. We added more minced and pureed options to our menu, expanding the meal experience for our clients who need textured meals. We enhanced our vegetarian menu, offering many new options for those clients who count on us for a vegetarian diet.

illnesses, in multiple languages, as well as a quarterly "Nutrition Bites" newsletter. All of these great resources are available on our website, which I encourage you to visit.

We also participated in research led by our colleagues at the Mailman School of Public Health at Columbia University. This research added to the growing body of knowledge that documents the key role that food and nutrition services play in improving health outcomes and lowering the cost of healthcare.

This has also been an historic year as we broke ground on our Expansion Project to more than double the size of our "home" in SoHo. Once completed,

Without our volunteers, we could not accomplish the work we do.

We also surveyed the parents of the children who we serve to ensure that our Children's Meal Program was meeting their needs. We were delighted to receive a resounding "Yes!" Children are eating breakfast more often, loving the after school snacks and enjoying the dinners, custom-designed for children to be both appetizing and healthful.

We published a new booklet, "Nutrition Tips for Caregivers," helping caregivers make the most out of mealtime with their loved ones. We published a number of nutrition fact sheets on specific

we plan to double the number of meals we cook and deliver, from more than 1 million a year to more than 2 million a year. To make this a reality, we have moved our operations to a temporary home in South Williamsburg, Brooklyn, and did so without any interruption in services to our clients. We are grateful to the volunteers who have continued their service in Brooklyn as well as new volunteers who have joined us there. Without our volunteers, we could not accomplish the work we do. I thank all of our volunteers from the bottom of my heart.



Right after we moved to Brooklyn, we hosted the groundbreaking ceremony for our SoHo home. We were joined by dozens of campaign donors, including Michael Kors and Joan Rivers, who have made the project possible. We are grateful to our campaign donors for their wonderful generosity and deep commitment to securing the future of God's Love. The renovation and expansion in SoHo is now underway, and we will be back in our expanded home in early 2015.

This Thanksgiving and again for the Winter Feast, we celebrated the holiday with our clients, their families and their guests. For each holiday, we counted on 900 volunteers to help us cook and deliver 3,200 delicious, festive meals, along with gifts. We are grateful that we could bring holiday cheer to so many.

I want to thank all of you for your generous support throughout 2013. We are grateful for your contributions to our annual fund and to our Expansion Campaign—along with your gifts of time as volunteers—which have resulted in another year of record success for God's Love. On behalf of all of us at God's Love, I wish you a Happy New Year and all the best in 2014. ♥ —Karen

FOOD IS MEDICINE

goes National

In September, God's Love coordinated the annual advocacy symposium in Washington D.C. for food and nutrition services (FNS) providers from around the country. Our gathering was a huge success. More than 40 people from over 20 organizations attended, along with experts in our field. With our partner, AIDS United, our geographically diverse group was able to share nutrition research with many congressional representatives, and we were also fortunate to be on the Hill during a National SNAP (Supplemental Nutrition Assistance Program) Call-in Day. Our coalition made a strong impression on congressional representatives, and shared stories from each

program's clients about how vital the SNAP program is to their survival and health.

The FNS Symposium is also the culmination of our annual advocacy training program, the Advocacy Capacity Building Project (ACBP). The ACBP offers on-site technical assistance to two FNS programs each year, helping them to jump start their advocacy campaigns at the local level and contribute to the national conversation. We are grateful to the MAC AIDS Fund for funding this vital advocacy program.

In early November, our President & CEO Karen Pearl moderated a 90-minute panel on food and nutrition services at the American Public Health Association (APHA) Annual Meeting and Exposition in Boston, MA. With colleagues from around the country and Canada, we discussed groundbreaking research on how nutrition improves health outcomes and lowers healthcare costs for people living with HIV/AIDS. Our participation at the APHA 2013 was critical to spreading the word about how "Food is Medicine." ♥



More than Ten Years of Love

Recently, we had a visit with a woman whose first volunteer experience with God's Love was on September 10, 2001. She came back this year – twelve years later – and shared with us the impact God's Love had on her and why she had to return. Here's her story:

My name is Roberta Martins Guaragna, and I work for the Brazilian Office of UNESCO. On September 10, 2001, I had the pleasure of visiting God's Love We Deliver to volunteer at its SoHo headquarters. Along with a group of trainees from Brazil, we were in a program for the development of young leaders for the third sector. I spent an incredible morning there and was so full of joy and hope; I never imagined the devastation that would occur the next day.

9/11 has never been the same to me. The most amazing thing about the day is that, instead of remembering the fearful and terrible moments caused by the tragedy, I think about the wonderful morning I spent volunteering at God's Love.

This year, on 9/11 – twelve years

later! – I took a trip to New York and decided to return to God's Love. It was my October vacation and I knew I had to make volunteering at God's Love part of my trip. Everything was arranged so easily with the amazing Volunteer Department, and on October 9, 2013, there I was!

I woke up so happy that morning, and the trip from Times Square to Flushing Avenue was a pleasure. It was my first time in Brooklyn. I have to say that it was impossible not to break into tears the minute I got there – but instead of sad tears they were truly happy ones! I spent a wonderful morning at the temporary Brooklyn location and I was surprised by the significant increase in the number of meals delivered every day. God's Love has grown so much since I was last here.

I am grateful for God's Love being my "mental relief" on 9/11. However, this is insignificant compared to the warm relief and aid you bring to your clients. Providing ill people with nutritious food every day is beyond admirable. It is life-saving!



Finally, I just would like to thank you all – the Volunteer Department, the volunteers who shared that morning with me, the kitchen and kitting staff – for making October 9, 2013 another special and memorable experience, twelve years later. Thank you! ♥

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Do you have a suggestion for a story that you would like to see in Food for Thought? Email us at **development@glwd.org**

Meet our Client, Dahlia Calendar

Our client, Dahlia, is the proud mother of three children. While making motherhood her priority she worked as a caretaker in a group home. Providing love and support while attending to the needs of others was how Dahlia lived her life for many years. But when she was diagnosed with lupus, everything changed. Dahlia now needed someone to care for her.

Dahlia grew up in Jamaica, the youngest of four children. She and her siblings grew up playing among the fruit trees. Their mother took them to church on Saturdays, as they were Seventh Day Adventists. She attended public and private school. When she finished school, Dahlia moved to New York to be near family.

Dahlia always worked hard in everything that she did. As an adult, she would wake up at 6 a.m. to make breakfast for her children. Then she would take her son to school and go shopping for dinner. Once home, she would clean her house from top to bottom, and cook dinner for her children so it was ready when they got home from school. At 3pm, Dahlia would leave to go to work at the group home, and would return near midnight. Once home, she would figure out what the next day's meals would look like and go to bed around 1 or 2 in the morning. Every day was the same routine.

Dahlia was always an extremely active mom, with shopping, cooking, laundry and other responsibilities. But when she started to feel ill, everything fell apart.

In October 2011, Dahlia collapsed and was diagnosed with lupus. Her exhaustion pulled at her bones and muscles and left her weak. She could no longer shop or cook. She struggled to dress herself and take care of everyday household tasks. After her recovery from her collapse, Dahlia spent days in a wheelchair. In the chair, with a young son at home, Dahlia struggled to do simple tasks by herself. She had to stop working. There was no food on the table and she could barely take care of her children, she was so weak. Dahlia says, "I was such

an independent person, taking care of everything and everyone, and then all of a sudden, everything changed."

In March of 2012, Dahlia called God's Love. "I spoke to someone, and told them of my condition and what I was going through. They said yes, I could get meals. I was desperate, and it changed my life." Immediately, Dahlia was able to better support her nine-year-old son, knowing he was receiving our nutritious meals, too. She says, "I don't know where my family would be without God's Love. These meals help us survive, rather than suffer."

"I am so grateful because I couldn't feed myself, I couldn't cook ... I couldn't do anything. I was so hungry. Having the food cooked for me and my child, and delivered to my door has changed my life. I can feel myself getting a little bit stronger, every day. I am more alert and not as tired."

Dahlia appreciates the individually tailored meals she receives from God's Love, which have less spice and salt, to accommodate her needs. She says, "I used to eat very spicy food so it was a good transition for me to move to healthier food, without all these additives. Less spicy food is better on my stomach and my body. I eat less salt which is good for me."

Dahlia is filled with hope, now that she is receiving our meals and feeling stronger. She says, "It's a good feeling to know that somebody cares, somebody is coming to make sure that I have food to eat. I just want to say thanks. I'm getting better and that is what is important." ♥

♥ Authors in Kind Literary Luncheon

April 9, 2014

Featuring Gramercy Tavern's Chef Michael Anthony and other authors to be named
glwd.org/authorsinkind

♥ Volunteer Appreciation Party

May 5, 2014

glwd.org/volunteer

♥ Midsummer Night Drinks

June

Location TBD

glwd.org/midsummernightdrinks

♥ Heritage of Pride March

June 29, 2014

New York City

For tickets, sponsorship or more information for any of these events, please contact events@glwd.org or call 212.294.8162.



God's Love Brings Dignity

David Terveen has been a supporter and friend of God's Love for more than two decades. His involvement with us began in the early '90s when he approached God's Love to become a volunteer. David had just moved to the City from Chicago and was impressed with the work that God's Love was doing for people in his community who were living with and dying from AIDS.

David had been a charter member of the Howard Brown Memorial Clinic in Chicago, and volunteered to hold children living with AIDS. David's commitment to all those affected by the AIDS pandemic moved with him to New York City when he left the Midwest and he knew he had to be involved in something in the community that was making a difference in the lives of those affected.



Because David was beginning his own business at the time and unable to commit to a weekly shift, he instead turned to donating as a way to

support God's Love. Everywhere, David saw the need that God's Love was responding to at the time – cooking and delivering nutritious meals to people who were homebound, living with AIDS. Last year, David joined the Chairman's Council at God's Love, deepening his commitment to our cause.

At the height of the AIDS pandemic, when hundreds of people in the LGBTQ community were dying each month, God's Love brought so much to those who were living with AIDS. As David puts it, with our nutritious meals and deliveries made by friendly and caring volunteers, "God's Love brought joy and dignity to what, at the time, was a death sentence."

David continued to donate to and support God's Love over the years, especially as God's Love expanded our mission from serving only people living with HIV/AIDS to meeting the food and nutrition needs of all those living with severe illnesses in the NYC metropolitan area. David says, "There is an adage that where there is water, there is life. I believe in the adage that where there is food, there is life."

Our community's response to HIV/AIDS demonstrated profound energy, David says, and God's Love has carried this energy forward, helping all those in need.

David looks forward to visiting God's Love in our renovated and expanded SoHo home. He says, "I see a lot of hope and capability in our new building. With our new facility, we can help people learn how to cook, we can provide greater nutrition education for the community, and more. With a test kitchen and rooftop garden, the new building is a transition, not only as a presence, but as a way to give back to the community."

David says, "As beautiful as this city is, it is hard. That's why having God's Love here, for all those when they need it, is so important. God's Love celebrates life!" ♥



A NIGHT TO REMEMBER:

The 7th Annual Golden Heart Awards

More than 700 guests attended our Seventh Annual Golden Heart Awards on Wednesday, October 16, making it the largest and most successful event in our 28-year history! Famed singer-songwriter, actress, and comedian Bette Midler kicked off the evening with warm and funny remarks.

Former Secretary of State Hillary Rodham Clinton received the first-ever Michael Kors Award for Outstanding Community Service. God's Love board member Michael Kors and Vogue Editor-in-Chief Anna Wintour presented the award. Upon receiving her award, Secretary Clinton spoke about the uniquely American capacity for solving problems as a community, and the increased importance of giving in this time of economic uncertainty. Secretary Clinton said, "What [God's Love] represents, and the connections that it forges – compassion, the kindness and efficiency and results that it stands for – are so much a part of the American character."

Renowned fashion model Iman presented the Golden Heart Award for Lifetime Achievement to Aerin Lauder, creative director at Estée Lauder Companies and a longtime philanthropist. Ms. Lauder shared her moving story of her volunteer experience at God's Love, where she worked in the kitchen and then delivered meals to our client, Natalie.

Our President & CEO Karen Pearl presented Jeff Gates and Mike Moran with the Golden Heart Award for Outstanding Volunteerism. Both Jeff and Mike are longstanding leaders in the God's Love community. Mike is a former kitchen volunteer and Board Member, and is a current Chairman's Council and Expansion Campaign Committee Member. Jeff is a longtime volunteer, and the Vice-Chairman of the Expansion Campaign Committee. Both made moving and poignant remarks about their time with God's Love. Jeff spoke about how proud they both are of the success thus far of the expansion campaign and the great work that God's Love is accomplishing. Mike shared how, like so many volunteers, he'd become in-



volved with the organization for deeply personal reasons, and he thanked all those who help make God's Love successful every day. It was a special moment for Mike and Jeff, and for God's Love.

Other attendees included Jason and Haley Binn, Derek Blasberg, Scott Bruckner, Helena Christensen, John Demsey, Miroslava Duma, Linda Fairstein, Desiree Gruber and Kyle MacLachlan, Jennifer Hudson, John Idol, Constance Jablonski, Karlie Kloss, Jane Lauder, Julianna Margulies, Alyssa Miller, Olivia Munn, Bruce Nelson, Hilary Rhoda, Alexandra Richards, Terry Richardson, Ariana Rockefeller, Margaret Russell, Michael Sennott, Lawrence Stroll, Hilary Swank, Blaine Trump, Sigourney Weaver, and Paul Wilmot.

To learn more about our Special Events, visit godslovewedeliver.org/events ♥

1. Michael Kors, Hillary Rodham Clinton & Anna Wintour

2. Jack deLashmet, Rebecca Bond, Haley Binn & Adam Rathe

3. Sigourney Weaver

4. Julianna Margulies

5. Hilary Swank

6. Adrian Kahan, David Farber & Debra Kanabis

7. Barbra Locker, Scott Bruckner, Alan Levin & Karen Pearl

8. David Ludwigson & Fran & Barry Weissler

9. John Demsey & Iman

10. John Idol, Lawrence Stroll & Francisco Costa

11. Michael Goldberg & Linda Fairstein

12. Richard Pipia & Gerry Madigan

13. David Terveen

14. Kyle MacLachlan & Lisa Pomerantz

15. Karen Naber

16. Bruce Nelson, Bri Schulz & Jeff Krauss

17. Lynda Carter, Steve Simon & Chris Reilly

18. Mark Lanspa & Michael Sarkozi

19. Nancy Mahon, Richard Feldman, Jeff Gates & Mike Moran

20. Philippe Brugere-Trelat & Mitchell Draizin

21. Vicente Wolf & Margaret Russell

22. Sylvia Vogelmann, Jonah Disend, Jon Gilman & Michael Sennott

23. Kate Suhr & Laura Michalchysyn

24. Nicholas & Maryann Kavallieratos

25. Blaine Trump & Bette Midler

26. Gaby Lehrer & Gopa Dobson

27. Jennifer Hudson

28. Jay Dobson & Mark Lehrer

29. Robby Browne, Alan Rogers & Sheridan Wright

30. Constance Jablonski & Hilary Rhoda

EMERGENCY Boxes!

Helpful Tips for Everyone

By Linnea Matulat, MS, RD, CDN

During the winter months, high winds, snow, or ice may cause widespread power outages, leaving many people unable to cook or shop. For these reasons, it is good to plan ahead for neighborhood power outages. The United States Federal Emergency Management Agency, or FEMA, has a comprehensive website www.ready.gov which can help you prepare for emergencies including power outages. Having an emergency food kit in your home for such occurrences is one of the best ways to be prepared.

Power outages may last for several days, so it is wise to have at least a three-day supply of non-perishable food for each family member. Be sure to include a manual can opener and eating utensils. Choose foods your family will eat, remember any special dietary needs, and avoid foods that will make you thirsty. Of note, commercially canned food may be eaten out of the can without warming.

Here are some examples of foods to stock:

- commercially canned foods (such as meat/poultry/fish, fruits, vegetables)
- dry cereal or granola
- peanut butter or other type of nut/seed butter

- dried fruit
- salt-free crackers
- non-perishable pasteurized milk
- high energy foods or bars
- vitamins
- bottled water
- infant formula (if needed)

At God's Love, we know that weather events affect everyone. That is why we strive to help our clients feel secure year-round, despite weather or heat related events, by delivering emergency packages twice a year. Each winter season, we prepare and deliver a "blizzard box" containing non-perishable items to have on hand in the event that deliveries cannot be made or if there is no power to heat our meals. These boxes are delivered in December along with clients' Winter Feast delivery in anticipation of the months to come.

The summer months bring the risk of severe heat and power outages. To be ready for these, we also prepare and deliver similar packages of non-perishable items at the beginning of the summer, bolstering whatever non-perishable supplies our clients may have so that they fare better during these events. To learn more about our emergency meal boxes please contact Patrick Schultz, Assistant Director of Development, at 212-294-8137 or pschultz@glwd.org. ♥

Winter Squash & Apple Soup

Roasting squash and apples intensifies their flavors. Use a mixture of winter squash varieties for a more complex taste.

Ingredients

SERVES 4 TO 6

- 3 pounds winter squash such as butternut, kabocha, acorn or delicata, peeled and cut into 1-inch chunks (about 8 cups)
- 2 Granny Smith apples, peeled, cored and cut into 1-inch chunks
- 1 yellow onion, chopped
- 4 cloves garlic, sliced
- 1 teaspoon ground ginger
- 3 cups low-sodium vegetable broth
- 2 tablespoons nutritional yeast
- ¼ cup chopped fresh parsley

Method

◆ Preheat oven to 400°F. Line two rimmed baking sheets or shallow roasting pans with parchment paper. In a large bowl, toss squash, apples, onion, garlic and ginger until mixed well. Spread mixture on baking sheets in a single layer. Roast squash mixture until tender and beginning to brown, about 45 to 50 minutes, rotating pans between oven racks halfway through baking. Remove from oven and puree squash mixture with broth, 1 cup water and nutritional yeast in a blender or food processor in 2 batches until smooth. Transfer to a medium saucepan and bring to a simmer over medium heat. Add more water if needed to thin soup to desired consistency. Serve garnished with parsley.

Recipe courtesy of Whole Foods Market.
Visit wholefoodsmarket.com for more great recipes.



20 RACES AND STILL RUNNING:

the 20th Annual Race to Deliver

On Sunday, November 24, God's Love We Deliver held our 20th Annual Race to Deliver in chilly Central Park. The Park was bursting with thousands of runners – kids and adults – who were ready to brave the cold November morning to race for our cause. Bundled in hats, gloves and leg warmers, runners cheerfully took to the course.

Celebrating its 20th year, the Race to Deliver is one of our largest annual fundraisers. It is a 4-mile run/walk in Central Park followed by Kids' Races, all run in support of

our programs and services.

Runners and supporters braved the 23-degree morning and gusts of wind to come out for the Race.

The Race to Deliver symbolizes the daily race to ensure that no one faces the dual crises of hunger and illness. Thanks to everyone who made this year's Race a huge success, including the following teams and sponsors: M•A•C AIDS Fund, Bloomberg, LF USA, LOGO, the Love Team, Gramercy Tavern, Roz's Girls, Ralph Lauren Team, and Jeff's Team. ♥



In Memory

God's Love mourns the passing of Thursday night volunteer, and great God's Love supporter, Vincent Meo. Vinnie was cherished by his Thursday night kitchen volunteer team, the Volunteer Department, the kitchen staff and all who knew him. Four years ago, Vinnie and his Thursday night kitchen crew hatched the idea for a Thursday night Lasagna Party fundraiser benefiting our Race to Deliver. No one knew how successful the yearly fundraiser would become (and everyone adored Vinnie's homemade lasagna that he faithfully made each year!). We offer our condolences to his husband, Sheldon, his family and friends, and the Thursday night volunteer team. Thank you, Vinnie, for all that you brought to God's Love. We will miss you very much.

Our thanks also to the Thursday night crew who, over the last four years, have raised more than \$20,000 for God's Love through their lasagna dinner and potlucks. Thank you for your support of God's Love – both in the kitchen and out! ❤️



#thecronutmission:

A Sweet Success!



Everyone deserves something sweet during the holiday season. This past Thanksgiving, world-famous chef Dominique Ansel cooked up a sweet partnership with God's Love. Chef Ansel created a unique one-of-a-kind Thanksgiving Cronut™ exclusively for God's Love, filled with pumpkin cream, to be auctioned off to benefit God's Love. Our thanks to Christiane Lemieux of Dwell Studio, fashion designer Peter Som and Chef Dominique Ansel who came up with this fun philanthropic initiative.

To make this opportunity even sweeter, some of our New York friends and taste-makers took to #thecronutmission and custom-designed a Dominique Ansel Cronut™ carrier. Participants designing the boxes included Heidi Klum, Jonathan Adler, Simon Doonan, Amanda Freitag, Sandra Lee, Christiane Lemieux, Joan Rivers, Peter Som, David Stark, Vicente Wolf, and

the casts of Cinderella, First Date, A Night with Janis Joplin, Motown, Pippin, and Rock of Ages. Each carrier held two of Ansel's Thanksgiving Cronuts™ and were auctioned off the week before Thanksgiving. Cronuts™ were delivered to each winning bidder's door in the celebrity-designed carrier on Thanksgiving morning, bringing some extra cheer and a beautiful box of sweetness on the holiday. All proceeds from the auction support the clients of God's Love.

The auction bidding was intense and, in the end, God's Love raised a total of \$9,340 through #thecronutmission, sponsoring 1,000 nutritious meals for our clients during the holiday season. The overwhelming media response also generated more than 27 million impressions – amazing! The result was a sweet promotion and fundraiser that also helped to raise awareness for our cause. ❤️

Going the Extra Mile for God's Love at the ING NYC Marathon

On Sunday, November 3, six amazing God's Love teammates took to the streets to run the ING NYC Marathon. We were excited to cheer on Stuart Boyd, Judy Corbett, Eddie Jacobs, Pedro Rodriguez, Howard Sugarman, and Thomas Westfall as they ran the Marathon on our God's Love team! Not only did they train to run 26.2 miles, but they went "the extra mile" by fundraising for God's Love.

To our runners: thank you for going the distance for God's Love! And congrats on finishing this amazing Race! ❤️



Max went the Distance to Support God's Love

On Sunday, October 20, Max Dobens of Douglas Elliman biked from New York to Atlantic City as a charity ride for God's Love. It took him just over 10 hours to complete 103 miles! Max raised \$3,408 for his ride "Don't Let it Happen ... MAKE it Happen." Generously, our friends at Douglas Elliman matched Max's fundraising so that, in total, Max raised nearly \$7,000 – well beyond his original goal of \$5,000!

Douglas Elliman President & CEO Dottie Herman said, "We are so proud of Max and what he was able to accomplish. He had a clear goal, executed his vision, and exceeded expectations." We are honored to have people in our God's Love community who find such creative and challenging ways to support God's Love. Thank you, Max! ❤️



Lasting Partnerships

In the last few months, we have been honored with the renewed support of the following partners, helping God's Love provide individualized meals and nutrition counseling to so many individuals and families in need throughout the five boroughs. We offer our deepest thanks to these corporations and foundations, making it possible for us to fulfill our mission every day.

AVON FOUNDATION FOR WOMEN

Avon is a global frontrunner in beauty, fashion, and home products, and the Avon Foundation for Women is a longtime supporter of our meal and nutrition services for women with breast cancer, their children, and their senior caregivers. Avon's amazing 13-year partnership with God's Love

represents nearly 140,000 meals for women and families affected by breast cancer. Support from the Avon Foundation for Women also underwrites the publication of our unique breast cancer nutrition education guides. We are proud and honored to participate each year in the Avon Walk for Breast Cancer, which raises money for organizations helping vulnerable women and their families.

GAP

A top international retailer, Gap Inc. provides clothing, accessories, and personal care products for adults and children. The founders of Gap Inc. created the Gap Foundation in 1977 to support organizations that help underserved children and women around the world. Since 1991, the Gap Foundation has awarded God's Love over a quarter-million dollars towards our program delivering individually tailored meals and nutrition counseling to people with serious illnesses. Just as important is the amazing volunteer service that Gap employees have contributed to God's Love over the years, helping to prepare and deliver the meals that our clients depend on to help improve their health.

ALCOA

Founded over 125 years ago, Alcoa is the world's leading producer of primary and fabricated aluminum, and the Alcoa Foundation is one of the largest corporate foundations in the United States. To enhance communities where Alcoa operates, local Alcoa offices award grants to area nonprofits working to improve the lives of vulnerable communities. In 2012, Alcoa awarded its first grant to God's Love and recently renewed its support for our critical nutrition services. We have also welcomed Alcoa employees as volunteers helping in the kitchen to chop vegetables and package meals. ♥

ALTERNATIVE WAYS OF GIVING

♥ Kitchen Cabinet

The Kitchen Cabinet program is our monthly giving program. Each month, your gift is paid automatically through your bank or credit card.

To find out more about this opportunity for monthly giving, please call us at 212.294.8144 or visit us at godslowedeliver.org/kitchencabinet

♥ The Legacy Society

Help secure the long-term future of God's Love We Deliver by joining The Legacy Society. For more information, please call 212.294.8144 or visit godslowedeliver.org/legacy

♥ Join us at our "Table for Six"

Table for Six offers a unique experience in our famous kitchen where you and your friends can chop vegetables, peel potatoes, and make a difference in the lives of those in need. At the same time, you and your friends will enjoy a fun and casual orientation to our organization.

For more information please contact Stephen Covello at 212.294.8144 or scovello@glwd.org.

our mission

The mission of God's Love We Deliver is to improve the health and well-being of men, women and children living with HIV/AIDS, cancer and other serious illnesses by alleviating hunger and malnutrition. We prepare and deliver nutritious, high quality meals to people who, because of their illness, are unable to provide or prepare meals for themselves. We also provide illness-specific nutrition education and counseling to our clients, families, care providers and other service organizations. All of our services are provided free of charge without regard to income.



GOD'S LOVE WE DELIVER is a BBB Accredited Charity and a proud member of the BBB Charity Seal Program. God's Love meets or exceeds all 20 BBB Standards for Charity Accountability.



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GOD'S LOVE
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GOLDEN HEART
SOCIETY

THE GOLDEN HEART SOCIETY

The Golden Heart Society is comprised of special individuals, corporations and foundations who made generous gifts of \$1,200 or more to the annual fund (excludes gifts to the Expansion Campaign). Members of the Golden Heart Society provide critical program support helping to ensure that no person faces the dual crises of hunger and severe illness. *Listings are as of December 7, 2013.*

Visionary

\$100,000+

American Express Foundation
Avon Foundation for Women
Mr. Jonah Disend
Fossil Partners, L.P.
Greater New York City Affiliate of Susan G. Komen
Mr. Michael D. Kors
M•A•C AIDS Fund
The New York Community Trust
The Palette Fund
RJKB Family Charitable Foundation
Mr. Lawrence Sheldon Stroll
Wells Fargo
Wells Fargo Foundation
Mrs. Katy Williamson and Mr. Greg Williamson

Founder

\$50,000+

Anonymous (2)
Bloomberg
Bloomingdale's Fund of the Macy's Foundation
Mr. Scott A. Bruckner
The Calvin Klein Family Foundation
Carolina Herrera LTD.
Mr. Silas Chou
Conde Nast Publications
Ms. Patricia Hansen and Mr. Keith Richards
Herman Lissner Foundation, Inc.
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