## Modified Menu 2018

### You may receive for MONDAYS:
- **Soup:**
  - Onion Barley Soup
  - Potato Kale Soup
  - Garbanzo Bean Barley Soup
  - Lentil Vegetable Soup
- **Entrée:**
  - Ginger Glazed Salmon w/Asian Slaw, Fried Brown Rice, & Mixed Vegetables
  - Roasted Tilapia w/Black Bean Salsa, White Rice, & Mixed Vegetables
  - Thai Lemongrass Tilapia w/Vegetable Rice & Mixed Vegetables
  - Baked Fishcake w/Basil Pesto Pasta & Mixed Vegetables
- **Dessert:**
  - Apple Cranberry Cake
  - Zucchini Bread
  - Peach Cake
  - Vanilla Pound Cake

### You may receive for TUESDAYS:
- **Soup:**
  - Vegetable Chowder
  - Black Eyed Pea Soup Tex Mex Minestrone Soup
  - White Bean Kale Soup
- **Entrée:**
  - Curry Chicken w/Rice Carrots, Zucchini, & Pearl Onions
  - Chicken Casserole Green Beans, Wax Beans & Pearl Onions
  - Coconut Chicken Stew Cauliflower & Broccoli
  - Chicken Gumbo w/Rice Broccoli & Cauliflower
- **Dessert:**
  - Pineapple Bits Cake
  - Apple Cornmeal Cake
  - Pear Spice Cake
  - Blueberry Scone

### You may receive for WEDNESDAYS:
- **Soup:**
  - Potato Leek Soup
  - Vegetable Noodle Soup Curried Carrot Soup
  - Mushroom Barley Soup
- **Entrée:**
  - Beef Bolognese w/Pasta & Mixed Vegetables
  - Coconut Braised Beef w/Rice & Mixed Vegetables
  - Meatloaf w/Onion Gravy, Pasta w/Green Pea Pesto & Mixed Vegetables
  - Summer Beef Stew w/Tri Color Rotini & Mixed Vegetables
- **Dessert:**
  - Cranberry Scone
  - Mixed Berry Scone
  - Coconut Cake
  - Blueberry Crumb Cake

### You may receive for THURSDAYS:
- **Soup:**
  - Green Pea Soup
  - Mushroom Miso Soup
  - Corn Chowder
  - Summer Vegetable Minestrone
- **Entrée:**
  - Lentil Vegetable Stew Rice
  - Tofu Eggplant Caponata Whole Wheat Pasta Broccoli & Roasted Red Peppers
  - Chunky Vegetable Chili Rice
  - Lentil Dal with Brown Rice Carrots, Yellow Squash & Zucchini
- **Dessert:**
  - Seasonal Fruit

### You may receive for FRIDAYS:
- **Soup:**
  - Black Bean Soup
  - Spinach Lentil Soup Pasta White Bean Soup Split Pea Soup
- **Entrée:**
  - Chicken with Mushroom Gravy Snap Peas & Yellow Squash Bow Tie Pasta
  - Roasted Chicken Breast Carrots & Green Beans Couscous
  - Hoisin Glazed Chicken Green Peas, Red Pepper & Carrots Fried Brown Rice
  - Chicken w/Mango Chutney Broccoli, Red Pepper & Roasted Mushrooms White Rice
- **Dessert:**
  - Orange Lemon Cake Oat Scone
  - Apple Ginger Cake Cranberry Scone

*Menus are subject to change without prior notice. May contain soy, eggs, and wheat.*