Food is Medicine
Food is Love

We are dedicated to cooking and delivering the specific, nutritious meals a client’s severe illness and treatment so urgently require. Serving the greater New York City metropolitan area since 1985.

Mission in Action

1,800,000 Meals per Year
7,200 Meals per Day
14,400 Volunteers Adding $2m in Service
100%+ Growth in Meals in 10 Years

People Served

90% Clients at or below Federal Poverty Level
7,000 People

91% Clients
5% Caregivers
4% Children

DIAGNOSIS
- 16% HIV/AIDS
- 16% Cancer
- 15% Other Diseases
- 8% Alzheimer’s/Neurological Disorders
- 8% MS/Musculoskeletal
- 7% Severe Diabetes
- 5% Pulmonary Disease
- 5% Kidney Disease
- 16% Cardiovascular

The Medically Tailored Meal Intervention

We provide medically tailored meals that address a variety of medical needs using a combination of nutrition restrictions, resulting in an almost infinite meal variety.

7 REGISTERED DIETITIAN NUTRITIONISTS
All clients are referred by a medical provider and then go through an in-depth nutrition assessment with an RDN resulting in their individual meal plan.

SOME RESTRICTIONS INCLUDE:
Pork, Beef, Fish, Vegetarian, Sugar, Fat, Dairy, Renal, Minced, Pureed, Acid/Bland and Fiber/Gas

ALL MEALS ARE LOW IN SODIUM

21 NUTRITION PUBLICATIONS:
14,000 per year distributed nationally and internationally

NO STARTERS, FILLERS OR PRESERVATIVES

SPECIAL TOUCHES
- Support families by feeding the children and senior caregivers of clients
- Special holiday meals and gifts
- Personalized birthday cakes and cards
- Emergency meal kits for blizzards and blackouts

Geography

MANHATTAN
HUDSON COUNTY, NJ
BROOKLYN
WESTCHESTER COUNTY
BRONX
NASSAU COUNTY
QUEENS
STATEN ISLAND

GODS LOVE WE DELIVER
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Policy & Planning 212.294.8171 policy@glwd.org
To Become a Client 800.747.2023
To Volunteer 212.294.8158
To Make a Donation 212.294.8142
#FoodIsMedicine
Research

THE NEED
Malnourished patients compared to nourished patients:

- 3x Higher Healthcare Costs
- 3x Longer Hospital Stay
- 2x Initial Hospitalizations
- 2x More Likely Discharged to a Facility Rather Than Their Home

ACCESS TO MEDICALLY TAILORED MEALS
- Improves medication adherence
- Reduces hospitalizations and ER visits
- Can reduce overall healthcare costs up to 28%

THE OUTCOMES — CLIENT SURVEY
Clients overwhelmingly report that our program helps them:
- Live more independently
- Learn to Eat Nutritionally
- Manage Medical Treatment Better
- Decrease Stress

Medically Tailored Meal Research Studies with Members of the Food is Medicine Coalition

GOD’S LOVE WE DELIVER (NEW YORK, NY)
- Health outcomes for clients with metastatic cancer with a hospital in NYC
- Retrospective analysis of Medicaid claims data to examine outcomes as a result of the MTM intervention

COMMUNITY SERVINGS (BOSTON, MA)
- Retrospective analysis of Medicaid claims data to examine outcomes as a result of the MTM intervention
  - 70% decrease in ED visits
  - 52% decrease in inpatient admissions
  - 71% fewer emergency transports

PROJECT ANGEL HEART (DENVER, CO)
- Cost savings related to MTM for people diagnosed with cancer, CHF, COPD, Diabetes, ESRD, HIV/AIDS, MS
  - 13% decrease in rate of 30-day all-cause readmissions
  - 27% decrease in PMPM inpatient costs for all clients
  - Average of 24% reduction in PMPM total medical costs for clients living with CHF, COPD, and ESRD
  - Inpatient cost reductions of up to $555 PMPM for clients living with CHF, COPD, diabetes, and ESRD

MANNA (PHILADELPHIA, PA)
- Comparing health outcomes of diabetic Medicaid Managed Care members with MTM and those without
  - 26% decrease in inpatient admissions
  - 7% decrease in emergency room visits
  - 19%/mo overall drop in medical costs

PROJECT OPEN HAND (SAN FRANCISCO, CA)
- People with Type 2 Diabetes, HIV and co-morbidly diagnosed populations, on MTM
  - 63% decrease in hospitalizations
  - 50% increase in medication adherence
  - 58% decrease in client emergency room visits

MANNA (PHILADELPHIA, PA)
- Medicaid Managed Care patients
  - Average monthly health care costs of MANNA clients fell 62% within the first 3 months, a cost savings of $30,000+.
  - For HIV/AIDS patients, costs fell over 80% in the first three months
  - MANNA clients’ rate of hospitalization decreased by half
  - Inpatient stays 37% shorter and hospital costs 30% lower
  - MANNA clients 20%+ more likely to be released from hospital to home rather than a care facility

Footnotes:

Partners with New York State in Healthcare Innovation

MEDICAID: COMMUNITY PARTNERS PROGRAM
- Duals Demonstration Project (FIDA)
- 24 Contracts

MEDICAID MANAGED CARE
- Tier 1 Community Based Provider for Value Based Payment arrangements

NYSDOH BALANCING INCENTIVES PROJECT
- Recognized as an Outstanding Project
- Expansion to Westchester and Nassau Counties
- Creation of MTM Referral Tool

NYSDOH SOCIAL DETERMINANTS OF HEALTH INNOVATION AWARD
- Chosen as a winner in the Community-Based Organization category