

Mission in Action



1,800,000

Meals per Year



7,200

Meals per Day

Food is Medicine Food is Love

We are dedicated to cooking and delivering the specific, nutritious meals a client's severe illness and treatment so urgently require. Serving the greater New York City metropolitan area since 1985.



14,400

Volunteers Adding \$2m in Service

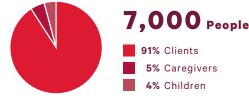


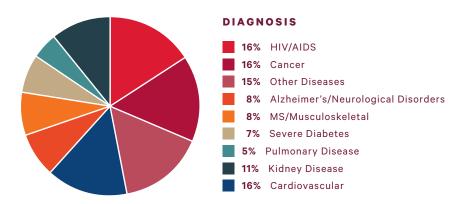
100%+

Growth in Meals in 10 Years

People Served







The Medically Tailored **Meal Intervention**

We provide medically tailored meals that address a variety of medical needs using a combination of nutrition restrictions, resulting in an almost infinite meal variety.

♥ 7 REGISTERED DIETITIAN NUTRITIONISTS

All clients are referred by a medical provider and then go through an in-depth nutrition assessment with an RDN resulting in their individual meal plan.

♥ SOME RESTRICTIONS INCLUDE:

Pork, Beef, Fish, Vegetarian, Sugar, Fat, Dairy, Renal, Minced, Pureed, Acid/Bland and Fiber/Gas

ALL MEALS ARE LOW IN SODIUM

21 NUTRITION PUBLICATIONS:

14,000 per year distributed nationally and internationally

♥ NO STARTERS, FILLERS OR PRESERVATIVES

♥ SPECIAL TOUCHES

- Support families by feeding the children and senior caregivers of clients
- · Special holiday meals and gifts
- Personalized birthday cakes and cards
- Emergency meal kits for blizzards and blackouts

Geography

MANHATTAN

BROOKLYN

BRONX

QUEENS

STATEN ISLAND

HUDSON COUNTY, NJ

WESTCHESTER COUNTY

NASSAU COUNTY



GODS LOVE WE DELIVER

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To Volunteer 212,294,8158

Research

THE NEED

Malnourished patients compared to nourished patients:



3X Higher
Healthcare Costs¹



3 X Longer Hospital Stay¹



2 X Initial Hospitalizations²



More Likely Discharged to a Facility Rather Than Their Home¹

ACCESS TO MEDICALLY TAILORED MEALS



- Improves medication adherence³
- ♥ Reduces hospitalizations and ER visits⁴
- ♥ Can reduce overall healthcare costs up to 28%⁵

THE OUTCOMES - CLIENT SURVEY

Clients overwhelmingly report that our program helps them:



- ♥ Live more independently
- Learn to Eat Nutritionally
- ♥ Manage Medical Treatment Better
- Decreaese Stress

Medically Tailored Meal Research Studies with Members of the Food is Medicine Coalition

GOD'S LOVE WE DELIVER (NEW YORK, NY)

- Health outcomes for clients with metastatic cancer with a hospital in NYC
- Retrospective analysis of Medicaid claims data to examine outcomes as a result of the MTM intervention

COMMUNITY SERVINGS (BOSTON, MA)

- Retrospective analysis of Medicaid claims data to examine outcomes as a result of the MTM intervention
 - 70% decrease in ED visits
 52% decrease in inpatient admissions
 71% fewer emergency transports

PROJECT ANGEL HEART (DENVER, CO)

- Cost savings related to MTM for people diagnosed with cancer, CHF, COPD, Diabetes, ESRD, HIV/AIDS, MS
 - 13% decrease in rate of 30-day all-cause readmissions
 27% decrease in PMPM inpatient costs for all clients
 - Average of 24% reduction in PMPM total medical costs for clients living with CHF, COPD, and ESRD
 - Inpatient cost reductions of up to \$555 PMPM for clients living with CHF, COPD, diabetes, and ESRD

MANNA (PHILADELPHIA, PA)

- Comparing health outcomes of diabetic Medicaid Managed Care members with MTM and those without
 - 26% decrease in inpatient admissions
 7% decrease in emergency room visits
 19%/mo overall drop in medical costs

PROJECT OPEN HAND (SAN FRANCICSCO, CA)

- People with Type 2 Diabetes, HIV and co-morbidly diagnosed populations, on MTM
 - 63% decrease in hospitalizations
 50% increase in medication adherence
 58% decrease in client emergency room visits

MANNA (PHILADELPHIA, PA)

- Medicaid Managed Care patients
 - Average monthly health care costs of MANNA clients fell 62% within the first 3 months, a cost savings of \$30,000+.
 - For HIV/AIDS patients, costs fell over 80% in the first three months
 - MANNA clients' rate of hospitalization decreased by half
 - ♥ Inpatient stays 37% shorter and hospital costs 30% lower
 - ◆ MANNA clients 20%+ more likely to be released from hospital to home rather than a care facility

Partners with New York State in Healthcare Innovation

MEDICAID: COMMUNITY PARTNERS PROGRAM

- ♥ Duals Demonstration Project (FIDA)
- ♥ 24 Contracts

NYSDOH BALANCING INCENTIVES PROJECT

- ♥ Recognized as an Outstanding Project
- ♥ Expansion to Westchester and Nassau Counties
- Creation of MTM Referral Tool

MEDICAID MANAGED CARE

 Tier 1 Community Based Provider for Value Based Payment arrangements

NYSDOH SOCIAL DETERMINANTS OF HEALTH INNOVATION AWARD

♥ Chosen as a winner in the Community-Based Organization category