

# Standard Menu 2021



You may receive for MONDAYS:	You may receive for TUESDAYS:	You may receive for WEDNESDAYS:	You may receive for THURSDAYS:	You may receive for FRIDAYS:
<b>Soup/Salad:</b> Cuban Black Bean <sup>v</sup> / Basil Macaroni <sup>v</sup> Cannellini Bean & Barley <sup>v</sup> / Bulgur Wheat & Lentils <sup>v</sup> Caramelized Onion <sup>v</sup> / Green Quinoa <sup>v</sup> Curried Carrot <sup>v</sup> / Farro Beet <sup>v</sup>	<b>Soup:</b> Split Pea Soup <sup>v</sup> Curried Red Beet <sup>v</sup> Coconut Curry <sup>v</sup> White Bean and Potato <sup>v</sup>	<b>Soup:</b> Puree of Mushroom <sup>v</sup> Smokey Three Bean <sup>v</sup> Puree of Parsnip <sup>v</sup> Pureed Spinach <sup>v</sup>	<b>Soup:</b> Turmeric Lemongrass <sup>v</sup> Puree of Summer Squash <sup>v</sup> Butternut Squash <sup>v</sup> Quinoa Vegetable <sup>v</sup>	<b>Soup:</b> Potato White Bean <sup>v</sup> Lemony Lentil <sup>v</sup> Curried Lentil and Potato <sup>v</sup> Smoky Eggplant <sup>v</sup>
<b>Whole Grain Roll</b>	<b>Whole Grain Roll</b>	<b>Whole Grain Roll</b>	<b>Whole Grain Roll</b>	<b>Whole Grain Roll</b>
<b>Entrée:</b> Pollock with Herb Pesto Quinoa Pilaf Mixed Vegetables  North African Spiced Pollock Couscous Mixed Vegetables  Lemongrass Pollock Mashed Potatoes Mixed Vegetables  Ginger Glazed Pollock w Asian Slaw Mixed Vegetables	<b>Entrée:</b> Ground Chicken Stir Fry Fried Brown Rice Mixed Vegetables  Coconut Curry Chicken Bulgur Wheat Mixed Vegetables  Crustless Chicken Pot Pie Wild Rice Mixed Vegetables  Tandoori Style Chicken Mango Chutney Potatoes Cauliflower Mash	<b>Entrée:</b> Beef Burger Cole Slaw Pasta Mixed Vegetables  Braised Beef Ragu Mashed Potatoes Mixed Vegetables  Beef Burger w Red Onion Relish Mixed Vegetables  Beef Picadillo Garlic Egg Rice Mixed Vegetables	<b>Entrée:</b> Kale Burger Mashed Potatoes Mixed Vegetables <sup>v</sup>  Pasta Quinoa Bowl Mixed Vegetables <sup>v</sup>  Vegetable Burger Bulgur Wheat Mixed Vegetables <sup>v</sup>  Chickpea Curry Couscous Mixed Vegetables <sup>v</sup>	<b>Entrée:</b> Cumin Chicken Couscous Mixed Vegetables  Chicken Sausage and Peppers Pasta Mixed Vegetables  Chicken Caribe Rasta Pasta Mixed Vegetables  Chicken Sausage Bean Puree Mixed Vegetables
<b>Dessert:</b> Orange Lemon Cake	<b>Dessert:</b> Seasonal Fruit	<b>Dessert:</b> Coconut Cake	<b>Dessert:</b> Seasonal Fruit	<b>Dessert:</b> Vanilla Cake

<sup>v</sup> = vegetarian

\*Menus are subject to change without prior notice. May contain soy, eggs, and wheat.