

# Standard Menu 2022



You may receive for MONDAYS:	You may receive for TUESDAYS:	You may receive for WEDNESDAYS:	You may receive for THURSDAYS:	You may receive for FRIDAYS:
<p><b>Soup/Salad:</b></p> <p>Cuban Black Bean <sup>v</sup> / Basil Macaroni <sup>v</sup>            Cannellini Bean &amp; Barley <sup>v</sup> / Bulgur Wheat &amp; Lentils <sup>v</sup>            Caramelized Onion <sup>v</sup> / Green Quinoa <sup>v</sup>            Curried Carrot <sup>v</sup> / Farro Beet <sup>v</sup></p>	<p><b>Soup:</b></p> <p>Split Pea Soup <sup>v</sup>            Curried Red Beet <sup>v</sup>            Coconut Curry <sup>v</sup>            White Bean and Potato <sup>v</sup></p>	<p><b>Soup/Salad:</b></p> <p>Puree of Mushroom <sup>v</sup> / Roasted Chickpea Salad with Kale <sup>v</sup>            Smoky Three Bean <sup>v</sup> / Couscous Salad with Mint &amp; Sumac            Puree of Parsnip/ Cauliflower &amp; Sweet Potato Salad <sup>v</sup>            Pureed Spinach <sup>v</sup> / Black Lentil Herb Salad <sup>v</sup></p>	<p><b>Soup:</b></p> <p>Turmeric Lemongrass <sup>v</sup>            Puree of Summer Squash <sup>v</sup>            Butternut Squash <sup>v</sup>            Quinoa Vegetable <sup>v</sup></p>	<p><b>Soup:</b></p> <p>Potato White Bean <sup>v</sup>            Lemony Lentil <sup>v</sup>            Curried Lentil and Potato <sup>v</sup>            Smoky Eggplant <sup>v</sup></p>
<p><b>Whole Grain Roll</b></p>	<p><b>Whole Grain Roll</b></p>	<p><b>Whole Grain Roll</b></p>	<p><b>Whole Grain Roll</b></p>	<p><b>Whole Grain Roll</b></p>
<p><b>Entrée:</b></p> <p>Salmon with Herb Pesto            Quinoa Pilaf            Mixed Vegetables</p> <p>North African Spiced Pollock            Couscous            Mixed Vegetables</p> <p>Lemongrass Pollock            Mashed Potatoes            Mixed Vegetables</p> <p>Ginger Glazed Pollock w            Asian Slaw            Mixed Vegetables</p>	<p><b>Entrée:</b></p> <p>Ground Chicken Stir Fry            Fried Brown Rice            Mixed Vegetables</p> <p>Chicken Sausage and Peppers            With Pasta            Mixed Vegetables</p> <p>Crustless Chicken Pot Pie            Wild Rice            Mixed Vegetables</p> <p>Chicken Sausage            Beans and Greens            Potatoes Cauliflower Mash</p>	<p><b>Entrée:</b></p> <p>Beef Burger            Cole Slaw Pasta            Mixed Vegetables</p> <p>Braised Beef Ragu            Mashed Potatoes            Mixed Vegetables</p> <p>Beef Burger w            Red Onion Relish            Mixed Vegetables</p> <p>Beef Picadillo            Garlic Egg Rice            Mixed Vegetables</p>	<p><b>Entree:</b></p> <p>Kale Burger            Mashed Potatoes            Mixed Vegetables <sup>v</sup></p> <p>Pasta Quinoa Bowl            Mixed Vegetables <sup>v</sup></p> <p>Vegetable Burger            Bulgur Wheat            Mixed Vegetables <sup>v</sup></p> <p>Chickpea Curry            Couscous            Mixed Vegetables <sup>v</sup></p>	<p><b>Entrée:</b></p> <p>Braised Pork and Beans            Bean Puree            Mixed Vegetables</p> <p>Sweet and Sour Pork            White Rice            Mixed Vegetables</p> <p>Smothered Pork Stew            Smashed Potato            Mixed Vegetables</p> <p>Sofrito Diced Pork            Quinoa with Pigeon Peas            Mixed Vegetables</p>
<p><b>Dessert:</b></p> <p>In-House Baked Cookie</p>	<p><b>Dessert:</b></p> <p>Seasonal Fruit</p>	<p><b>Dessert:</b></p> <p>Coconut Cake</p>	<p><b>Dessert:</b></p> <p>Seasonal Fruit</p>	<p><b>Dessert:</b></p> <p>Vanilla Cake</p>

<sup>v</sup> = vegetarian

\*Menus are subject to change without prior notice. May contain soy, eggs, and wheat.