

Vegetarian Menu 2022



You may receive for MONDAYS:	You may receive for TUESDAYS:	You may receive for WEDNESDAYS:	You may receive for THURSDAYS:	You may receive for FRIDAYS:
<p>Soup/Salad: Cuban Black Bean / Basil Macaroni Cannellini Bean & Barley / Bulgur Wheat & Lentils Caramelized Onion / Green Quinoa Curried Carrot / Farro Beet</p>	<p>Soup: Split Pea Soup Curried Red Beet Coconut Curry White Bean and Potato</p>	<p>Soup/Salad: Puree of Mushroom ^v / Roasted Chickpea Salad with Kale ^v Smoky Three Bean ^v / Couscous Salad with Mint & Sumac Puree of Parsnip/ Cauliflower & Sweet Potato Salad ^v Pureed Spinach ^v / Black Lentil Herb Salad ^v</p>	<p>Soup: Turmeric Lemongrass Puree of Summer Squash Butternut Squash Quinoa Vegetable</p>	<p>Soup: Potato White Bean Lemony Lentil Curried Lentil and Potato Smoky Eggplant</p>
<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>
<p>Entrée: Stuffed Pepper w Curry Sauce Mixed Vegetable</p> <p>Black & White Bean Stew White Rice Mixed Vegetables</p> <p>Seasonal Vegetable Stew White Rice Mixed Vegetables</p> <p>Vegetable Gumbo Dirty Rice Mixed Vegetables</p>	<p>Entrée: Quinoa Corn Cake Tofu Crema Mixed Vegetables</p> <p>Stuffed Portobello Mushroom Mixed Vegetables</p> <p>Mushroom Barley Burger Mixed Vegetables</p> <p>Smoky Lentil Stew White Rice Mixed Vegetables</p>	<p>Entrée: Veggie Burger Pasta Mixed Vegetables</p> <p>Mushroom Risotto Pea Pesto Mixed Vegetables</p> <p>Pasta Primavera White Rice Mixed Vegetables</p> <p>Butternut Squash Risotto Mixed Vegetables</p>	<p>Entrée: Vegetable Stir Fry White Rice Mixed Vegetables</p> <p>Baked Tofu Pasta Mixed Vegetables</p> <p>Thai Veg Stew White Rice Mixed Vegetables</p> <p>BBQ Tofu Pasta Salad Mixed Vegetables</p>	<p>Entrée: Chunky Vegetable Chili White Rice Mixed Vegetables</p> <p>Trumpet Mushroom Chili White Rice Mixed Vegetables</p> <p>Moroccan Bean White Rice Mixed Vegetables</p> <p>Trumpet Mushroom Chili Quinoa Mixed Vegetables</p>

*Menus are subject to change without prior notice. May contain soy, eggs, and wheat.

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Dessert: In-House Baked Cookie	Dessert: Seasonal Fruit	Dessert: Coconut Cake	Dessert: Seasonal Fruit	Dessert: Vanilla Cake
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