

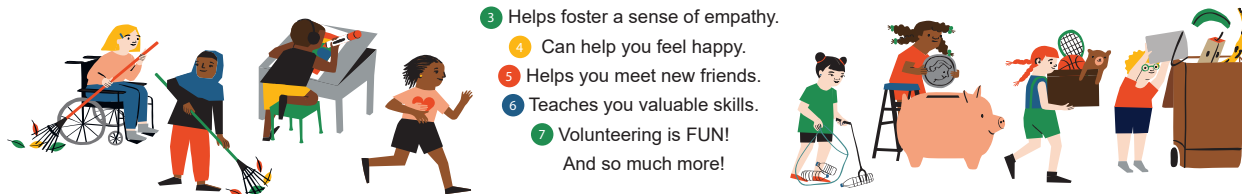
Why Volunteer?

Volunteering is good for you and the community!

Who are Young Hearts? Young Hearts are young people (middle school and under) who, along with their schools, peer groups, and/or families, engage in God's Love We Deliver volunteerism, philanthropy, events and education.

Reasons volunteering is good for you and others:

- 1 Provides a sense of community by helping others.
- 2 Creates the opportunity to explore new interests.
- 3 Helps foster a sense of empathy.
- 4 Can help you feel happy.
- 5 Helps you meet new friends.
- 6 Teaches you valuable skills.
- 7 Volunteering is FUN!
And so much more!



5 ways to get involved with God's Love We Deliver:

- 1 Start the school year off right by telling your schoolmates about God's Love We Deliver.
- 2 Sign up for the Race to Deliver – every year on the Sunday before Thanksgiving.
- 3 Volunteer with friends and/or family on Thanksgiving day.
- 4 Decorate holiday and birthday cards for clients all year long.
- 5 Donate the contents of your piggybank or change jar to God's Love.

Visit us at glwd.org/younghearts or reach out to us at younghearts@glwd.org for guidance on how to participate in all of the above – we can't wait to work with you!

God's Love We Deliver cooks and home-delivers delicious, healthy meals for people living with severe illness — free to clients and full of love.





Raise awareness and raise funds!

Have friends and family sponsor your volunteer efforts at give.glwd.org/SummerOfService or scan the QR code below. You'll need to make your own sponsorship page and share!

Scan me!



Share this project!

Share images of your volunteerism with us at younghearts@glwd.org.

Tag us on social [@godslovenyc](#) and [#GodsLoveYoungHearts](#).

Questions or concerns? Reach out to our team at younghearts@glwd.org.



GOD'S LOVE WE DELIVER
Young Hearts