

Standard Menu 2023



You may receive for MONDAYS:	You may receive for TUESDAYS:	You may receive for WEDNESDAYS:	You may receive for THURSDAYS:	You may receive for FRIDAYS:
<p>Soup/Salad:</p> <p>Cuban Black Bean ^v / Basil Macaroni ^v Cannellini Bean & Barley ^v / Bulgur Wheat & Lentils ^v Caramelized Onion ^v / Green Quinoa ^v Curried Carrot ^v / Farro Beet ^v</p>	<p>Soup:</p> <p>Split Pea Soup ^v Curried Red Beet ^v Coconut Curry ^v White Bean and Potato ^v</p>	<p>Soup/Salad:</p> <p>Puree of Mushroom ^v / Roasted Chickpea Salad with Kale ^v Smoky Three Bean ^v / Couscous Salad with Mint & Sumac Puree of Parsnip/ Asian Brown Rice & Edamame Salad ^v Pureed Spinach ^v / Black Lentil Herb Salad ^v</p>	<p>Soup:</p> <p>Turmeric Lemongrass ^v Puree of Summer Squash ^v Butternut Squash ^v Quinoa Vegetable ^v</p>	<p>Soup:</p> <p>Potato White Bean ^v Lemony Lentil ^v Curried Lentil and Potato ^v Smoky Eggplant ^v</p>
<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>
<p>Entrée:</p> <p>Salmon with Herb Pesto Quinoa Pilaf Mixed Vegetables</p> <p>Miso Glazed Cod Green Fried Millet Mixed Vegetables</p> <p>Baja Fish w/ Lime Sauce Tomato Rice Mixed Vegetables</p> <p>Ginger Glazed Pollock w Asian Slaw Mixed Vegetables</p>	<p>Entrée:</p> <p>Brown Stew Chicken Bulgur w/ Pigeon Peas Mixed Vegetables</p> <p>Chicken with Peppers and Onions Pasta Mixed Vegetables</p> <p>Crustless Chicken Pot Pie Wild Rice Mixed Vegetables</p> <p>Adobo Glazed Chicken Garlic Rice w/ Corn Mixed Vegetables</p>	<p>Entrée:</p> <p>Braised Beef w/ Mint & Sumac Mixed Vegetables</p> <p>Ginger Braised Beef Peas and Pearls Mixed Vegetables</p> <p>Beef Burger w House Made Ketchup Mixed Vegetables</p> <p>Beef Picadillo Garlic Egg Rice Mixed Vegetables</p>	<p>Entree:</p> <p>Kale Burger Mashed Potatoes Mixed Vegetables ^v</p> <p>Black & White Bean Stew Mixed Vegetables ^v</p> <p>Vegetable Burger Bulgur Wheat Mixed Vegetables ^v</p> <p>Chickpea Curry Couscous Mixed Vegetables ^v</p>	<p>Entrée:</p> <p>Braised Pork and Beans Bean Puree Mixed Vegetables</p> <p>Sweet and Sour Pork White Rice Mixed Vegetables</p> <p>Smothered Pork Stew Smashed Potato Mixed Vegetables</p> <p>Sofrito Diced Pork Quinoa with Pigeon Peas Mixed Vegetables</p>
<p>Dessert:</p> <p>In-House Baked Cookie</p>	<p>Dessert:</p> <p>Fruit</p>	<p>Dessert:</p> <p>Fruit</p>	<p>Dessert:</p> <p>Crumb Cake</p>	<p>Dessert:</p> <p>Fruit</p>

^v = vegetarian

*Menus are subject to change without prior notice. May contain soy, eggs, and wheat.