

Vegetarian Menu 2023



You may receive for MONDAYS:	You may receive for TUESDAYS:	You may receive for WEDNESDAYS:	You may receive for THURSDAYS:	You may receive for FRIDAYS:
<p>Soup/Salad: Cuban Black Bean / Basil Macaroni Cannellini Bean & Barley / Bulgur Wheat & Lentils Caramelized Onion / Green Quinoa Curried Carrot / Farro Beet</p>	<p>Soup: Split Pea Soup Curried Red Beet Coconut Curry Corn Gazpacho</p>	<p>Soup/Salad: Puree of Mushroom ^v / Roasted Chickpea Salad with Kale ^v Smoky Three Bean ^v / Couscous Salad with Mint & Sumac Puree of Parsnip/ Asian Brown Rice and Edamame Salad ^v Pureed Spinach ^v / Black Lentil Herb Salad ^v</p>	<p>Soup: Turmeric Lemongrass Puree of Summer Squash Butternut Squash Quinoa Vegetable</p>	<p>Soup: Potato White Bean Lemony Lentil Curried Lentil and Potato Smoky Eggplant</p>
<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>	<p>Whole Grain Roll</p>
<p>Entrée: Kale Burger Mashed Potatoes Mixed Vegetables Black & White Bean Stew White Rice Mixed Vegetables Vegetable Burger Bulgur Wheat Mixed Vegetables Chickpea Curry Couscous Mixed Vegetables</p>	<p>Entrée: Seasonal Vegetable Stir Fry White Rice Mixed Vegetables Beet & Spinach Stew Onion Rice Mixed Vegetables Local Vegetable Stew White Rice Mixed Vegetables Vegan Vegetable Casserole Mixed Vegetables</p>	<p>Entrée: Stuffed Pepper w Curry Sauce Mixed Vegetable Pasta Quinoa Bowl White Rice Mixed Vegetables Seasonal Vegetable Stew White Rice Mixed Vegetables Vegetable Gumbo Dirty Rice Mixed Vegetables</p>	<p>Entrée: Quinoa Corn Cake Tofu Crema Mixed Vegetables Stuffed Portobello Mushroom Mixed Vegetables Mushroom Barley Burger Mixed Vegetables Smoky Lentil Stew White Rice Mixed Vegetables</p>	<p>Entrée: Veggie Burger Pasta Mixed Vegetables Mushroom Risotto Pea Pesto Mixed Vegetables Pasta Primavera White Rice Mixed Vegetables Butternut Squash Risotto Mixed Vegetables</p>

*Menus are subject to change without prior notice. May contain soy, eggs, and wheat.

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Dessert: In-House Baked Cookie	Dessert: Fruit Cup	Dessert: Fruit Cup	Dessert: Crumb Cake	Dessert: Fruit Cup
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